# **MONDAY I**

All dishes on this menu are normally prepared on a diet no. 3 – rational diet. In case you want to prepare your meal for another diet, please mark the required dietary modification to meals order.

LUNCH: DINNER:

1. Boiled beef, pickled carrot

**Main Course:** 

Recommended side dish: pickled carrot

Allergens: 1a,7 Food preparation suitable for diets: 2,3,4,8,9

2. Szegedin goulash (pork with cabbage)

Recommended side dish: bread dumplings

Allergens: 1a,7,12 Food preparation suitable for diets: 3,8,9

3. Stewed chicken strips with vegetables (carrot, cauliflower, broccoli, red beans) 9.

Recommended side dish: steamed rice

Allergens: 7 Food preparation suitable for diets: 2,3,8,9

4. Fried Edam cheese with Tartar sauce

Recommended side dish: roasted potatoes

Allergens: 1a,3,7,10 Food preparation suitable for diets: 3,9

**Main Course:** 

7. Stewed beef with cream sauce

Recommended side dish: pasta

Allergens: 1a,7 Food preparation suitable for diets: 3,8,9

8. Stewed pork slices with zucchini

Recommended side dish: steamed rice

Allergens: 7 Food preparation suitable for diets: 2,3,8,9

9. Perch baked with grilled vegetables

Recommended side dish: boiled potato

Allergens: 1a,4,7 Food preparation suitable for diets: 2,3,4,8,9

10. Penne with mushroom-cream sauce

Recommended side dish: none

Allergens: 1a,3,7,12 Food preparation suitable for diets: 3,9

**Side Dishes:** 

Z: steamed vegetablesG: grilled vegetablesB: boiled potatoesB: steamed riceH: bread dumplingsO: roasted potatoesD: steamed rice

**Side Dishes:** 

Z: steamed vegetables T: pasta

G: grilled vegetables P: potato purée B: boiled potatoes D: steamed rice

# **TUESDAY I**

All dishes on this menu are normally prepared on a diet no. 3 – rational diet. In case you want to prepare your meal for another diet, please mark the required dietary modification to meals order.

LUNCH:

**DINNER:** 

**Main Course:** 

1. Roasted rabbit with wild spices

Recommended side dish: boiled potatoes

Allergens: 7,9 Food preparation suitable for diets: 3,8,9

2. Stewed chicken breast stuffed with Mozzarella

Recommended side dish: mashed potatoes

Allergens: 7 Food preparation suitable for diets: 2,3,8,9

3. Poached trout (cooked in vegetables)

Recommended side dish: steamed rice

Allergens: 4,7,9 Food preparation suitable for diets: 2,3,4,8,9

4. Potato pancake filled with Niva cheese

Recommended side dish: none

Allergens: 1a,3,7,12 Food preparation suitable for diets: 3,9

**Side Dishes:** 

Z: steamed vegetables T: pasta

G: grilled vegetables S: mashed potatoes B: boiled potatoes D: steamed rice

**Main Course:** 

7. Stewed beef with onions Viennese

Recommended side dish: steamed rice

;Allergens: 1a,7 Food preparation suitable for diets: 3,8,9

8. Stewed lamb bits with leek and onion

Recommended side dish: pasta

Allergens: 0 Food preparation suitable for diets: 3,8,9

9. Shashlik (skewer) with chicken and vegetables (pepper, onion)

Recommended side dish: roasted potatoes

Allergens: 0 Food preparation suitable for diets: 2,3,4,8,9

10. Steamed pikeperch topped with lemon-cream sauce

Recommended side dish: boiled potatoes

Allergens: 4,7 Food preparation suitable for diets: 2,3,4,8,9

**Side Dishes:** 

Z: steamed vegetables T: pasta

G: grilled vegetables B: boiled potatoes O: roasted potatoes D: steamed rice

# **WEDNESDAY I**

All dishes on this menu are normally prepared on a diet no. 3 – rational diet. In case you want to prepare your meal for another diet, please mark the required dietary modification to meals order.

**LUNCH:** 

**DINNER:** 

**Main Course:** 

1. Natural chicken steak with sun-dried tomatoes and bacon

Recommended side dish: steamed rice

Allergens: 1a,7 Food preparation suitable for diets: 2,3,4,8,9

2. Serbian stewed pork strips (piquant with vegetables)

Recommended side dish: pasta

Allergens: 1a,12 Food preparation suitable for diets: 3,8,9

3. Roasted carp on cumin

Recommended side dish: steamed rice

Allergens: 4,7 Food preparation suitable for diets: 2,3,4,8,9

4. Buckwheat pancakes with herbs

Recommended side dish: none

Allergens: 1a,3,12 Food preparation suitable for diets: 3,9

**Side Dishes:** 

Z: steamed vegetables T: pasta

G: grilled vegetables P: potato purée B: boiled potatoes D: steamed rice

**Main Course:** 

7. Fried veal rissoles (minced meat)

Recommended side dish: potato rösti

Allergens: 1a,3,7 Food preparation suitable for diets: 3,8,9

8. Diced turkey on paprika

Recommended side dish: Karlovy Vary dumplings

Allergens: 1a,12 Food preparation suitable for diets: 3,8,9

9. Roasted chicken leg in honey marinade

Recommended side dish: potato purée

Allergens: 7 Food preparation suitable for diets: 2,3,4,8,9

10. Aubergine stuffed with mushrooms, oven-baked with cheese

Recommended side dish: none

Allergens: 7 Food preparation suitable for diets: 3,8,9

**Side Dishes:** 

Z: steamed vegetables R: potato rösti (fried)
G: grilled vegetables V: Karlovy Vary dumplings

P: potato purée D: steamed rice

# THURSDAY I

All dishes on this menu are normally prepared on a diet no. 3 – rational diet. In case you want to prepare your meal for another diet, please mark the required dietary modification to meals order.

LUNCH:

**DINNER:** 

Lamb goulash

**Main Course:** 

1. Boiled beef, cream sauce

Recommended side dish: bread dumplings

Allergens: 1a,7,9,10 Food preparation suitable for diets: 2,3,4,8,9

2. Lamb goulash

Recommended side dish: boiled potatoes

Allergens: 1a,7 Food preparation suitable for diets: 3,8,9

3. Roast duck with oranges

Recommended side dish: steamed rice

Allergens: 0 Food preparation suitable for diets: 3,8,9

4. Sweet and sour lentils, poached eggs

Recommended side dish: none

Allergens: 1a,3 Food preparation suitable for diets: 3,8,9

**Side Dishes:** 

Z: steamed vegetables T: pasta

G: grilled vegetables H: bread dumplings B: boiled potatoes D: steamed rice

**Main Course:** 

7. Stewed venison leg with plum sauce

Recommended side dish: potato dumplings

Allergens: 1a,12 Food preparation suitable for diets: 3,8,9

8. Steamed salmon with with spicy dressing

Recommended side dish: roasted potatoes

Allergens: 4,7 Food preparation suitable for diets: 2,3,4,8,9

9. Stewed turkey breast with mushrooms

Recommended side dish: pasta

Allergens: 7 Food preparation suitable for diets: 2,3,8,9

10. Stuffed onions with bulgur and vegetables in tomato sauce

Recommended side dish: grilled vegetables

Allergens: 1a,7,10 Food preparation suitable for diets: 3,8,9

**Side Dishes:** 

Z: steamed vegetables T: pasta

G: grilled vegetables K: potato dumplings O: roasted potatoes D: steamed rice

B: boiled potatoes

# **FRIDAY I**

All dishes on this menu are normally prepared on a diet no. 3 – rational diet. In case you want to prepare your meal for another diet, please mark the required dietary modification to meals order.

**LUNCH:** 

**DINNER:** 

**Main Course:** 

1. Natural pork roast, leaf spinach

Recommended side dish: potato dumplings

Allergens: 1a,3,12 Food preparation suitable for diets: 2,3,8,9

2. Stewed chicken cubes with chickpeas and vegetables

Recommended side dish: steamed rice

Allergens: 1a,7,10 Food preparation suitable for diets: 2,3,8,9

3. Steamed fish fillet with tomatoes and fresh herbs

Recommended side dish: steamed rice

Allergens: 1a,4 Food preparation suitable for diets: 2,3,4,8,9

4. Fried mushrooms, garlic dip

Recommended side dish: mashed potatoes

Allergens: 1a,3,7,12 Food preparation suitable for diets: 3,8,9

**Side Dishes:** 

Z: steamed vegetables T: pasta

G: grilled vegetables B: potato dumplings B: boiled potatoes D: steamed rice

S: mashed potatoes

**Main Course:** 

7. Hungarian lamb perkelt (piquant)

Recommended side dish: pasta

Allergens: 1a,12 Food preparation suitable for diets: 3,8,9

8. Stewed turkey steak with glazed carrots

Recommended side dish: potato purée

Allergens: 1a,7 Food preparation suitable for diets: 2,3,4,8,9

9. Steamed perch fillet with thyme

Recommended side dish: steamed vegetables

Allergens: 4 Food preparation suitable for diets: 2,3,4,8,9

10. Egg omelette with cheese and tomatoes

Recommended side dish: none

Allergens: 1a,3,7 Food preparation suitable for diets: 3,9

**Side Dishes:** 

Z: steamed vegetables P: potato purée G: grilled vegetables B: boiled potatoes O: roasted potatoes D: steamed rice

# **SATURDAY I**

All dishes on this menu are normally prepared on a diet no. 3 – rational diet. In case you want to prepare your meal for another diet, please mark the required dietary modification to meals order.

**LUNCH:** 

**DINNER:** 

**Main Course:** 

1. Stewed beef fillet with mushrooms

Recommended side dish: bread dumplings

Allergens: 1a,7 Food preparation suitable for diets: 2,3,4,8,9

2. Dutch fried schnitzel (minced pork meat with cheese)

Recommended side dish: roasted potatoes

Allergens: 1a,3,7 Food preparation suitable for diets: 3,8,9

3. Stewed rabbit with wine sauce

Recommended side dish: steamed rice

Allergens: 1a,7,9,12 Food preparation suitable for diets: 2,3,4,8,9

4. Broccoli baked with cheese and cream

Recommended side dish: boiled potatoes

Allergens: 3,7 Food preparation suitable for diets: 2,3,8,9

**Side Dishes:** 

Z: steamed vegetables T: pasta

G: grilled vegetables H: bread dumplings B: boiled potatoes D: steamed rice

0: roasted potatoes

**Main Course:** 

7. Carlsbader beef goulash with onion

Recommended side dish: pasta

Allergens: 1a, Food preparation suitable for diets: 3,8,9

8. Stewed chicken fillet with pear

Recommended side dish: potato purée

Allergens: 0 Food preparation suitable for diets: 2,3,4,8,9

9. Steamed salmon with herb sauce

Recommended side dish: grilled vegetables

Allergens: 1a,4,7 Food preparation suitable for diets: 2,3,4,8,9

10. Corn pancakes with grilled vegetables

Recommended side dish: none

Allergens: 1a,3,12 Food preparation suitable for diets: 3,9

**Side Dishes:** 

Z: steamed vegetables T: pasta

G: grilled vegetables B: boiled potatoes P: potato purée D: steamed rice

# **SUNDAY I**

All dishes on this menu are normally prepared on a diet no. 3 – rational diet. In case you want to prepare your meal for another diet, please mark the required dietary modification to meals order.

**LUNCH:** 

**DINNER:** 

**Main Course:** 

1. Natural minced chicken fillet, steamed spinach

Recommended side dish: potato purée

Allergens: 1a,3,7 Food preparation suitable for diets: 2,3,4,8,9

2. Pork strips gyros

Recommended side dish: pasta

Allergens: 1a,12 Food preparation suitable for diets: 3,8,9

3. Steamed pikeperch with thyme and aubergine

Recommended side dish: steamed rice

Allergens: 4 Food preparation suitable for diets: 2,3,4,8,9

4. Bean goulash

Recommended side dish: boiled potatoes

Allergens: 3,7 Food preparation suitable for diets: 3,9

**Side Dishes:** 

Z: steamed vegetables T: pasta

G: grilled vegetables H: bread dumplings B: boiled potatoes D: steamed rice

R: potato rösti (fried)

**Main Course:** 

7. Beef Stroganoff (mushrooms, pickles, cream)

Recommended side dish: steamed rice

Allergens: 1a,7,10 Food preparation suitable for diets: 3,8,9

8. Stewed pork fillet with beetroot

Recommended side dish: potato purée

Allergens: 1a Food preparation suitable for diets: 2,3,4,8,9

9. Fried chicken breast in batter

Recommended side dish: roasted potatoes

Allergens: 1a,3,7 Food preparation suitable for diets: 3,9

10. Couscous with aubergine and tomatoes

Recommended side dish: none

Allergens: 1a,7 Food preparation suitable for diets: 3,8,9

**Side Dishes:** 

Z: steamed vegetables T: pasta

G: grilled vegetables
O: roasted potatoes
P: potato purée
D: steamed rice